



Wembley  
Multi-Academy  
Trust  
ACHIEVEMENT FOR ALL



## PE SPORT AND PREMIUM

Date reviewed: July 2025

Date of next review: July 2026

# PE and Sport Premium – Evaluation and Proposals

## Introduction

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can foster physical literacy and a lifetime habit of participation. Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing, and lowering anxiety and depression). Children who are physically active are happier, more resilient, and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

## Evaluation of PE and Sport Premium in 2024 – 2025

**The PE and Sport Premium Funding in 2024 – 2025 was £21,370.**

The ELPS School Council reported that pupils wanted to learn to play more outdoor games at break and lunchtimes. As a result, the Sport and Health Academy's lunch time active-play provision was continued to include Years 2, 3 and 4 with 9 tutor groups altogether. We have been committed to continuing these activities and have been able to supplement these using the school budget.

Activity	Cost	Evidence of impact
Sport and Health Academy provided active lunch time coaching sessions: 3 qualified sports coaches provided coaching to pupils in Year 2, 3 and Year 4 (9 classes total) = 270 pupils for half an hour each lunch time for organised games to develop pupils' sports skills, health and fitness. @ £150 x 5 per week for 38 weeks.	£28,500	All Year 2, 3 and 4 pupils participated in active- play lunch time provision. Pupil questionnaires revealed that 94% of pupils enjoyed participating in sports activities at lunch time. Teachers are also trained by sports coaches to ensure consistency when delivering specialist provision.
To raise the profile of PE, sport and physical activity, increasing pride and participation by purchasing House Team shirts for all students.	£40,000	House team competitions half-termly. All children belong to a house and wear their shirt with pride. Prizes awarded to winning houses. Sports day participation increases community belonging.
Registration fees for cross country teams and girls/boys football teams.	£500	Children have participated in tournament football sessions at other schools, including Kingsbury High School. Our girls won the tournament for football. Cross country takes place at various venues.

Subscription for online learning platform for staff members to National College.	£2000	Courses completed by staff and disseminated to other staff members who may require extra input.
School based extra-curricular activities for PP and LAC children. Clubs run by specialized sports coaches after school.	£1000	Children are able to host performances for parents evidencing their learning and skills.
Internal equipment and resources to promote PE, sport and physical activity across the school. Resources purchased for a range of sports and to host sports days/physical activity drop down days.	£4000	Children's fitness is improving. Children are timed to run a mile during PE sessions to check improvement. Pupil voice on sports days and physical activity drop down days.
<b>Total</b>	<b>£76,000*</b>	<b>*Additional funding taken from WMAT budget.</b>

## Year 6 Swimming Outcomes 2024 - 2025

All Year 5 and Year 6 ELPS pupils participated in swimming lessons throughout 2024-25. Pupils had widely varied levels of prior swimming experience with many pupils swimming for their first time during school swimming lessons. Pupils were divided into small groups based on their swimming ability and learned a variety of swimming techniques and strokes such as front crawl and backstroke. Pupils also learned and practised various water-based self-rescue skills to keep them safe when swimming in open water such as the sea or a lake. The Year 5 and Year 6 swimming programme was supervised by ELPS teachers and taught by specialist swimming instructors at Vale Farm Sports Centre.

The programme of study for PE sets out the expectation that pupils should be taught to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively (e.g. front crawl, backstroke, breaststroke)
- Perform safe self-rescue in different water-based situations

For the 2024-25 academic year, the Year 6 swimming outcomes are as follows:

<b><u>Year 6 Swimming Results</u></b>	<b><u>%</u></b>
% of pupils who are proficient and confident at swimming 25 metres	60%
% of pupils who are able to perform a range of swimming strokes effectively	55%
% of pupils who are able to perform a safe water-based self-rescue	42%

## Proposals for PE and Sport Premium in 2025 – 2026

**Expected Grant: £21,370 (2025-26 PE and Sport Premium allocations to be published in Oct. 2025)**

Activity	Cost	How will this be evidenced and the impact measured and monitored?
London Athletic Football Club to provide active lunch time coaching sessions: 3 qualified sports coaches will provide coaching to pupils in Year 1 and Year 2 (6 classes total) = 180 pupils for half an hour each lunch time for organised games to develop pupils' sports skills, health and fitness. £120 x 5 per week for 39 weeks.	£23,400	Impact to be measured and monitored by pupil participation and feedback provided by pupils during interviews between the PE Subject Leader and a variety of pupils (including members of the ELPS School Council, Health Champions, House Captains)
Sports resources to increase awareness and participation of house competitions. Team games to be run by PE leads to promote healthy and fitness.	£1000	
Get Set 4 PE Membership for PE specialists. Sign up for a year's subscription for PE staff members.	£600	Monitoring and tracking of PE lessons taught by staff members. Planning leads to monitor impact of PE lesson plans used to teach. CPD tracking. Metrics from membership website/logins.
<p>Eco warriors to promote health and fitness by doing the following:</p> <ul style="list-style-type: none"> <li>• <b>Encouraging healthy eating habits</b> by promoting fresh vegetables from the salad bar and educating their peers on the benefits of balanced diets.</li> <li>• <b>Establishing and maintaining a vegetable garden at ELPS</b>, giving pupils hands-on experience with growing food and understanding where it comes from.</li> <li>• <b>Promoting healthy lifestyles</b> through assemblies and presentations, both within their phase groups and across the whole school.</li> </ul>	£300	Pupil voice of student leadership to evidence impact. Food garden progress to be documented.

School based extra-curricular activities for PP and LAC children. Clubs run by specialized sports coaches after school.	£1000	Children will host performances for parents evidencing their learning and skills.
<b>Total</b>	<b>£26,300*</b>	<b>*Additional funding provided by WMAT.</b>

### **Swimming Targets 2025 - 2026**

In 2025 – 2026, Year 5 pupils will participate in swimming lessons. Each pupil will be assessed on their ability to swim competently, confidently, and proficiently over a distance of at least 25 metres using a range of strokes effectively (e.g. front crawl, backstroke and breaststroke) as well as their ability to perform safe self-rescue in different water-based situations. Pupils will be taught and assessed using Swim England's Learn to Swim Framework by specialist swimming instructors at Vale Farm Sports Centre under the supervision of ELPS teachers.