# Year 3 Knowledge Organiser: Animals Including Humans

| Term          | Definition  |
|---------------|---|
| Nutrition     | The process of getting the food needed for health and growth        |
| Food          | What animals and people eat to survive                              |
| Water         | A liquid all living things need to stay alive                       |
| Air           | The invisible gas around us that we breathe                         |
| Healthy       | Being well and not sick   |
| Nutrient      | A substance that gives the body what it needs to grow and work well |
| Carbohydrate  | A nutrient that gives energy  |
| Protein       | A nutrient that helps the body grow and repair                      |
| Fat           | A nutrient that stores energy                                       |
| Vitamin       | A nutrient that helps keep the body healthy                         |
| Balanced diet | Eating the right amount of different foods                          |
| Portion       | The amount of food served   |
| Food group    | A category of foods with similar nutrients                          |
| Plate         | A tool to show food group balance (e.g. Eatwell Plate)              |
| Meal          | Food eaten at one time (e.g. lunch,                                 |

|              | dinner)  |
|--------------|--|
| Herbivore    | An animal that eats only plants                |
| Carnivore    | An animal that eats only meat                  |
| Omnivore     | An animal that eats both plants and meat       |
| Energy       | The power we get from food to move and grow    |
| Consume      | To eat or drink                                |
| Skeleton     | The framework of bones in a body               |
| Support      | To hold up or carry the weight of something    |
| Protect      | To keep safe from harm                         |
| Bones        | The hard parts that make up the skeleton       |
| Structure    | The way parts are arranged or built            |
| Muscle       | A tissue that can contract to produce movement |
| Movement     | The act of changing position or place          |
| Joint        | Where two bones meet and allow movement        |
| Contract     | To become shorter or tighter                   |
| Relax        | To become longer or looser                     |
| Endoskeleton | A skeleton found inside the body               |
| Exoskeleton  | A skeleton found outside the body              |
| Compare      | To look at how things are similar or different |

| Animal   | A living creature that is not a plant             |
|----------|---|
| Function | The job something does                            |
| Hinge    | A joint that moves like a door                    |
| Growth   | The process of becoming bigger or more mature     |
| Balance  | Having the right amount of different things       |
| System   | A group of parts working together                 |
| Body     | The physical structure of a person or animal      |
| Health   | The condition of being well and free from illness |
| Job      | A task or work someone does                       |

- What do animals and humans need to stay healthy?
- What is a balanced diet and why is it important?
- How do bones and muscles help our bodies move?
- What types of skeletons do different animals have?
- How do the parts of our body work together to help us move and stay strong?

## Sticky Knowledge

- Animals need food, water, and air to survive.
- There are different types of nutrients that help our bodies grow and stay healthy.
- A balanced diet includes foods from all the food groups.

- Skeletons support the body and protect important organs.
- Muscles work with bones and joints to help us move.
- Some animals have skeletons inside, some outside, and others have none.

## Working Scientifically

- Sort and classify food types and skeletons.
- Label diagrams of skeletons and muscles.
- Build and test models that show movement.
- Plan and explain how the body gets nutrients and moves.
- Use observations to support ideas about the body.

- Doctors and nutritionists help people stay healthy.
- Athletes train to strengthen muscles and bones.
- Chefs plan balanced meals for health.
- Scientists study the body to understand how it works and how to care for it.

# Year 3 Knowledge Organiser: Forces and Magnets

| Term     | Definition                                    |
|----------|---|
| Force    | A push or pull on an object                   |
| Push     | To move something away using force            |
| Pull     | To move something closer using force          |
| Friction | A force that slows movement between surfaces  |
| Surface  | The outer layer of something                  |
| Rough    | Having an uneven surface                      |
| Smooth   | Having an even surface                        |
| Movement | The act of changing position                  |
| Resist   | To slow down or stop movement                 |
| Contact  | Touching between objects                      |
| Magnetic | Able to be attracted to a magnet              |
| Distance | The space between objects                     |
| Attract  | To pull objects toward each other             |
| Repel    | To push objects away from each other          |
| Magnet   | An object that produces a magnetic field      |
| Material | What something is made from                   |
| Metal    | A type of material often attracted to magnets |

| Test          | A way to find something out by trying it       |
|---------------|--|
| Non-magnetic  | Not attracted to a magnet                      |
| Group         | To put things together by shared features      |
| Interact      | To act upon each other                         |
| Pole          | The ends of a magnet (north and south)         |
| North         | One end of a magnet that points north          |
| South         | The other end of a magnet                      |
| Label         | To name or describe                            |
| Predict       | To say what you think will happen              |
| Opposite      | Completely different or facing                 |
| Same          | Exactly alike                                  |
| Investigation | A scientific study to discover something       |
| Fair test     | An experiment where only one factor is changed |
| Data          | Information gathered from tests                |
| Result        | What happened in the experiment                |
| Strength      | How strong something is                        |
| Glossary      | A list of words and definitions                |
| Compass       | A tool using a magnet to show direction        |
| Magnetism     | The force magnets use to attract or repel      |

| Application | How something is used in real life |
|-------------|------------------------------------|
| Real-world  | Part of everyday life              |

- What are forces and how do they affect movement?
- How do surfaces affect how things move?
- What are magnets and how do they work?
- Which materials are magnetic and which are not?
- How do magnets interact with each other?

#### Sticky Knowledge

- A force is a push or pull and can make things start, stop, or change direction.
- Friction is a force that slows things down when surfaces rub together.
- Magnets can attract some metals and work without touching.
- Magnets have poles—opposites attract and like poles repel.
- We can test magnet strength and use them in many real-world tools.

## Working Scientifically

- Plan and carry out fair tests with magnets and surfaces.
- Record results in tables and charts.
- Use predictions and draw conclusions from investigations.
- Classify materials as magnetic or non-magnetic.
- Build glossaries and explain findings with diagrams.

- Magnets are used in compasses, fridge doors, and trains.
- Friction helps stop cars and bikes safely.
- Scientists and engineers use magnetism in technology.
- Understanding forces helps in sports and building design.

# Year 3 Knowledge Organiser: Light

| Term       | Definition                                    |
|------------|---|
| Light      | A form of energy that helps us see            |
| Dark       | The absence of light                          |
| See        | To use your eyes to notice things             |
| Source     | Where light comes from                        |
| Reflect    | To bounce light off a surface                 |
| Absence    | Something that is missing or not present      |
| Vision     | The ability to see                            |
| Shadow     | A dark shape made when something blocks light |
| Beam       | A line of light                               |
| Surface    | The top layer of something                    |
| Shiny      | Smooth and bright surface that reflects light |
| Mirror     | A surface that reflects a clear image         |
| Bounce     | To spring back after hitting a surface        |
| Reflection | Light bouncing off a surface                  |
| Safety     | Being protected from harm                     |
| Visibility | How clearly something can be seen             |
| Sun        | The star that gives light to the Earth        |

| Natural      | Found in nature and not made by people                  |
|--------------|---|
| Damage       | Harm or injury  |
| Protection   | Keeping something safe                                  |
| UV           | Invisible rays from the Sun that can harm skin and eyes |
| Sunglasses   | Eyewear that protects eyes from bright light            |
| Protect      | To keep safe  |
| Glare        | Bright and harsh light that makes it hard to see        |
| Brightness   | How much light there is                                 |
| Opaque       | An object that does not let light through               |
| Light source | An object that gives off light                          |
| Block        | To stop something from passing through                  |
| Shape        | The form of an object                                   |
| Size         | How big or small something is                           |
| Distance     | How far apart things are                                |
| Investigate  | To look into something carefully                        |
| Pattern      | A repeated or regular design or sequence                |
| Fair test    | An experiment where only one thing is changed           |
| Record       | To write down or keep track of                          |
| Variable     | Something that can be changed in a test                 |

| Chart      | A visual way to show data                 |
|------------|---|
| Fact sheet | A page with key information about a topic |
| Technology | The use of science to make things work    |

- Why do we need light to see?
- What is the difference between light and dark?
- How does light reflect off surfaces?
- How are shadows formed and how do they change?
- What are safe ways to protect our eyes from the Sun?

## Sticky Knowledge

- We need light to see things. Darkness is the absence of light.
- Light reflects off shiny surfaces like mirrors.
- Shadows are made when something blocks light.
- The size and shape of a shadow depends on the distance from the light source.
- The Sun is a natural light source and its rays can be harmful if we don't protect our eyes.

## Working Scientifically

- Observe how light helps us see and how shadows form.
- Investigate reflective surfaces and measure shadow size.
- Plan and carry out fair tests using light sources and materials.
- Record results using charts and diagrams.

• Use observations to explain patterns in light and shadow behaviour.

- Understanding how light is used in torches, road signs, and mirrors.
- Protecting eyes from the Sun with sunglasses and hats.
- Using light in technology like cameras and projectors.
- Using reflectors and high-visibility gear for safety.

# Year 3 Knowledge Organiser: Plants

| Term           | Definition  |
|----------------|---|
| Root           | The part of a plant that holds it in the ground and absorbs water and nutrients |
| Stem           | The part of the plant that supports it and transports water and nutrients       |
| Leaf           | The part of the plant where photosynthesis happens                              |
| Flower         | The part of the plant used for reproduction                                     |
| Function       | The job something does  |
| Anchor         | To hold something in place  |
| Support        | To hold up or bear weight   |
| Absorb         | To soak up  |
| Photosynthesis | The process plants use to make food using sunlight                              |
| Transport      | To move things from one place to another  |
| Light          | A requirement for plants to make food   |
| Water          | A liquid that plants need to live   |
| Air            | The invisible gas we breathe, which plants also need                            |
| Nutrient       | A substance that helps plants grow  |

| Variable    | Something that can change in an      |
|-------------|--------------------------------------|
|             | experiment                           |
| Growth      | The process of increasing in size    |
| Comparison  | Finding similarities and differences |
| Conditions  | The environment in which something   |
|             | lives or grows                       |
| Requirement | Something needed                     |
| Result      | What happened in an investigation    |
| Transport   | The movement of water and            |
|             | nutrients in plants                  |
| Veins       | Tubes in the leaf that transport     |
|             | water and food                       |
| Movement    | Change of position or place          |
| Root hair   | Tiny hairs on roots that absorb      |
|             | water                                |
| Soak        | To take in liquid                    |
| Uptake      | Absorbing something into a system    |
| Petal       | The colorful part of a flower that   |
|             | attracts pollinators                 |
| Stigma      | The part of the flower that          |
|             | receives pollen                      |
| Stamen      | The male part of the flower that     |
|             | produces pollen                      |
| Pollen      | The powder made by the male part     |
|             | of a flower                          |
| Ovary       | The part of the flower that          |
|             | contains eggs and becomes fruit      |
| Pollinate   | To carry pollen to the stigma        |

| Fertilise   | To join pollen with an egg to make a seed     |
|-------------|---|
| Seed        | What grows into a new plant                   |
| Reproduce   | To make new living things                     |
| Disperse    | To spread out                                 |
| Wind        | Air in motion that can carry seeds            |
| Animal      | A living creature that can help spread seeds  |
| Explosion   | A forceful spreading of seeds                 |
| Water       | Can carry seeds to new places                 |
| Observe     | To look carefully                             |
| Data        | Information collected during an investigation |
| Measure     | To find the size or amount of something       |
| Chart       | A way to show data visually                   |
| Conclusion  | What you learn from your results              |
| Crop        | A plant grown for food                        |
| Herb        | A plant used for flavour or medicine          |
| Fibre       | Material from plants used to make cloth       |
| Habitat     | The place where a plant or animal lives       |
| Environment | The natural world around us                   |

- What are the parts of a plant and what do they do?
- What do plants need to grow well?
- How do water and nutrients move through a plant?
- How do flowers help plants reproduce?
- How are seeds dispersed in nature?

#### Sticky Knowledge

- Plants have roots, stems, leaves, and flowers, each with a different job.
- Plants need light, water, air, nutrients, and space to grow.
- Water travels through the plant from the roots via the stem and veins.
- Flowers are important for pollination, fertilisation, and making seeds.
- Seeds can be spread by wind, water, animals, or explosions.

## Working Scientifically

- Observe and record how plants grow over time.
- Set up fair tests to explore what plants need to grow.
- Draw and label diagrams of plant parts and functions.
- Use tables and charts to present data from experiments.
- Explain findings and make conclusions based on evidence.

- Understanding how to grow crops for food.
- Using herbs in cooking and medicine.
- Using plant fibres to make clothes and materials.
- Caring for plants in gardens, parks, and wild habitats.

# Year 3 Knowledge Organiser: Rocks

| Term            | Definition   |
|-----------------|--|
| Igneous         | Rock formed from cooled lava or magma                    |
| Sedimentary     | Rock formed from layers of mud, sand, and small stones   |
| Metamorphic     | Rock formed from other rocks changed by heat or pressure |
| Rock            | A solid natural substance made from minerals             |
| Туре            | A kind or category of something                          |
| Hardness        | How easily a rock can be scratched                       |
| Texture         | How a rock feels or looks on its surface                 |
| Property        | A characteristic of a material                           |
| Appearance      | What something looks like                                |
| Compare         | To find similarities and differences                     |
| Fossil          | The remains or impression of a prehistoric organism      |
| Organism        | A living thing   |
| Sediment        | Small pieces of rock or plant/animal material            |
| Preserved       | Kept in good condition over time                         |
| Layers          | Thin levels of material stacked on each other            |
| Palaeontologist | A scientist who studies fossils                          |

| Ancient        | Very old; from a long time ago                              |
|----------------|---|
| Evidence       | Information that helps explain or prove something           |
| Remains        | What is left of something after time has passed             |
| Discovery      | Finding something that was not known before                 |
| Soil           | A mixture of rock particles, organic matter, air, and water |
| Organic matter | Decayed plants and animals in soil                          |
| Particles      | Tiny pieces of something                                    |
| Clay           | A fine-grained natural soil material                        |
| Sand           | Small loose grains of rock                                  |
| Silt           | Fine soil found in rivers                                   |
| Humus          | Decayed organic matter in soil                              |
| Settle         | To sink to the bottom of a liquid                           |
| Investigate    | To look closely and find out about something                |
| Sample         | A small part used to represent the whole                    |
| Fair test      | An experiment where only one thing changes                  |
| Result         | What happened in an investigation                           |
| Conclusion     | What we learn from the results                              |
| Observe        | To watch carefully  |
| Environment    | The natural world around us                                 |
| Material       | What something is made from                                 |

| Natural   | Found in nature, not made by people                 |
|-----------|---|
| Record    | To write or draw information                        |
| Formation | How something is made or formed                     |
| Granite   | A hard igneous rock                                 |
| Chalk     | A soft white sedimentary rock                       |
| Marble    | A smooth metamorphic rock used in buildings         |
| Sandstone | A sedimentary rock made of sand-<br>sized particles |
| Limestone | A sedimentary rock often formed from sea creatures  |

- What are the three main types of rocks and how are they formed?
- What are fossils and how do they tell us about the past?
- What is soil made of and how can we test it?
- How can we compare rocks and their properties?
- Where do we see rocks used in everyday life?

## Sticky Knowledge

- There are three types of rocks: igneous, sedimentary, and metamorphic.
- Fossils are formed when dead organisms are preserved in sedimentary rocks.
- Soil is made from broken rocks, decayed plants and animals, air, and water.
- Rocks can be tested and sorted by properties like hardness and texture.
- We use different rocks for buildings, statues, and everyday materials.

## Working Scientifically

- Test rock properties like hardness and permeability.
- Observe and record changes in soil and rock investigations.
- Plan and carry out fair tests using rock samples.
- Use data to draw conclusions about rocks, soils, and fossils.
- Compare and classify rocks based on observations.

- Understanding how rocks are used in buildings and roads.
- Recognising fossils in museums and what they teach us about history.
- Knowing how soil is important for growing food.
- Appreciating the natural materials used in our local environment.